



The Spirit of the Matter: The Primary Authority of our Humanity

A one day seminar with Simon Davison

Saturday 3rd October 2015



- *Learn the importance of our humanity in navigating our spiritual and material life.*
- *Learn how our humanity authenticates and validates the choices we make.*
- *Learn to recognise our humanity as our primary means of insight.*

Cost: £60 (Concession available for the genuinely hard up!) **10am register for 10.15 am start to finish 4.30 pm.**

Venue: Hebden Bridge Therapy Centre, 9 Wragley House, Valley Road, Hebden Bridge, HX7 7BN

Please book your place by sending an email to spiritofthematter1@gmail.com giving your name and telephone number. Bring packed lunch or enjoy lunch venues of Hebden. Questions call: 07477958143

For each of us, our humanity is a companion and support on our life journey, yet also often a source of conflict and frustration. Our relationship with our humanity is not helped by all forms of authority, outer and inner, that tend to place our humanity in a subservient role. This tendency can be reinforced through religious and spiritual teachings that create a division of matter and spirit placing less value on our humanity in favour of the spiritual dimension. This one day seminar is an invitation to reclaim and engage with our humanity to reveal to us the ground of our being that authenticates and affirms who we are, and gives birth to intelligent becoming. All that is required is a willingness to turn up, a seriousness of intent and an open heart.

This seminar is a single event that is also an introduction to 'Living Learning': a way of awakening to a dimension in each of us that can be an on-going resource for our life journey. The fractious nature of the present time requires a human consciousness that can hold opposite poles simultaneously and not disintegrate, become apathetic or polarised. We come to appreciate this perspective through intimacy with the limits of what we know and the courage to open up to what we do not know. This intimacy comes through the loving warmth of the human heart, cooled with the clear intent of a still mind. If there is sufficient interest, regular seminars will be offered.

Simon Davison is a teacher of integrative approaches to living and offers individual guidance and mentoring. He runs LOK (www.lok.im) a specialised educational initiative calling for greater participation of living value in society. Prior to this he has been the Director of a charitable educational trust in Wales supporting creativity and greater self-understanding. He has been a visiting Lecturer at Yale University Interdisciplinary Center for Bioethics and worked in the corporate sector in the United States and Europe. He has a 40 year association with India and lived there many years managing a non-secular retreat centre. He is interested in a broad spectrum of religious thought and philosophy while maintaining the need to awaken self-perception and self-understanding.